

## 2011 Board of Directors



*Alfreda Flowers,  
executive director*

*Keith Turnquist, board chair*

*Scott Deery, vice president*

*Meghan McCauley, secretary*

*Lucy Zanders, treasurer*

*Lazondra Brown*

*Renae Pappas*

## Organization Successes:

- Finished in the top 10 for the spring Community Day fundraiser through Herbergers.
- Wilder Wednesdays has been providing lunches for 15 — 60 youth for the past 10 months.
- We have grown to have 7 active board members since our founding in March 2010
- We have launched a new website where people can find information about our programs and how to become more involved. See [www.familyvaluesforlife.org](http://www.familyvaluesforlife.org)

## WILDER WEDNESDAYS CONTINUES TO GROW AND DEVELOP

Since July of 2010, Wilder Wednesdays for Families has been drawing together youth of all ages every Wednesday at Wilder Recreational Center in East St. Paul for a healthy meal. Over the months, the youth have transitioned from picking up their meals and eating in the gym to staying downstairs and building relationships with each other and the volunteers.

After each meal, the younger children run upstairs to play basketball and run around in the gym while the older youth gather outside or stay in the basement to talk. Because of recent gang activity, the older youth have limited use of the recreation center.

Professor Levy-Pounds, a law professor at the University of St. Thomas and regular Wilder Wednesday volunteer, was inspired by



Volunteers serve the youth in the basement of Wilder Recreational Center in St. Paul to receive a warm dinner for Wilder Wednesdays for Families.

the recent gang activity and the request of a youth to ask the St. Paul Chief of Police, Thomas Smith, to speak to the youth after the meal. Having once been involved with gangs, Mr. Smith had a lot he could relate to the youth with. Mr. Smith expressed that growing up, he never would have dreamed of

becoming the Chief-of-Police. He hopes that the youth are inspired by his story, and reach for their dream.

We hope in the coming months to have more speakers come in to share their inspiring stories with the youth.

## GOALS FOR THE FALL OF 2011

As Family Values for Life enters its second year of existence, we are staying focused on our mission and have set new goals for the fall of 2011 so we can continue to grow and develop to reach the needs of families on the east side of St. Paul. For this fall we have set the following goals:

- Expand the Feed Our Kids Lunch Program to three locations.
- Participate in another National Night Out in August
- Partner with local schools to distribute school supplies

## Program Updates:

- **Wilder Wednesdays for Families will collaborate with Lemonade Day**, a national nonprofit, in June to teach youth about basic business principles by running their own lemonade stand. Learn more about the Lemonade Day Twin Cities Chapter at [www.twincities.lemonadeday.org](http://www.twincities.lemonadeday.org).
- **Feed Our Kids Lunch Program**, which provides youth with lunch the weekdays between school ending and summer programs starting. This year the program will run for three days in June in partnership with the St. Paul Fire department.
- **The next Beauty for Ashes will run this summer.** Beauty for Ashes is a support group for women that focuses on spirituality, personal growth, and healing in a loving, safe, and nurturing environment. If you or someone you know is interested in reserving a spot in the program, please contact Alfreda Flowers at [FamilyValuesForLife@gmail.com](mailto:FamilyValuesForLife@gmail.com)
- **This fall, Family Values for Life will facilitate a resource fair** on St. Paul's east side. If you would like to help with the event, please contact us at [FamilyValuesForLife@gmail.com](mailto:FamilyValuesForLife@gmail.com).

## Family Values for Life

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# NEW COLLABORATIONS AND PARTNERSHIPS

As Family Values for Life works toward its mission of becoming a resource center for families on St. Paul's east side, we continue to form partnerships and collaborate with other nonprofits and companies.

**Family values for Life works in partnership with other faith communities, government sectors and community organizations. Through these partnerships Family Values for Life has reduced programming costs, staffing, and facility usage for programming.**

### Current partners include:

- Children of Life Ministry,
- City Academy Charter School,

- Contender for the Faith Church,
- East Side Neighborhood Development Corporation,
- East Side Network Café,
- East Side US Federal Credit Union,
- First Covenant Church,
- Lemonade Day,
- Prosperity Campaign, Salvation Army - East St. Paul,
- University of St. Thomas Law Clinic: Community Justice Project, and
- Wilder Recreation Center/City of St. Paul.

# FAMILY VALUES FOR LIFE IN THE COMMUNITY

This past April, Family Values for Life was one of 25 organizations at the Dayton Bluff's "Get-Ready-for-Summer" Resource Fair. Attendees were encouraged to take brochures featuring program information and to take Dots candy with stickers that said "Connecting the dots to family resources" from the Family Values for Life booth.



Board secretary, Meghan McCauley and executive director, Alfreda Flowers at the Dayton's Bluff Resource Fair

While participants walked around to the other booths, so did Alfreda. She made a point to introduce herself, explain what Family Values for Life is and opened the dialogue to any ideas for collaboration. In

fact, Alfreda met Cari Campion from Lemonade Day at the fair and now Wilder Wednesdays will have a Lemonade Day in June when the youth will do activities out of the workbooks Lemonade Day provides to teach them

basic business principles.

Attendees were also asked to write their contact information on a card to enter to win a drawing. One bus pass and one grocery card were given away to families on the East Side of St. Paul.

This fall, Family Values for Life also plans

on participating in the August National Night Out facilitated by the Boys and Girls Club where we plan to reach out to the community and set-up a table meeting.