



FAMILY VALUES FOR LIFE

TOGETHER WE BUILD STRONG, HEALTHY FAMILIES.

*FVFL
WISHING ALL
HAPPY
HOLIDAYS
AND A
HAPPY
NEW YEAR*

Back To School Event Draws Thousands



Family Values For Life (FVFL) presented its fourth Annual Back to School Event August 27, 2014 hosted by Bruce Vento Elementary School. Our event drew over 3000 people and FVFL distributed 2000 backpacks filled with school supplies to neighborhood kids. Families were treated to a community resource fair with over 40 organizations that service low income families.

Boys received complimentary haircuts provided By: All Hair Barber Shop: Kevin Jones, Alex Lawrence, Samena's Barber Shop: Marvin Barns and Marnita Lawson, T Rainer and Ultimate Touch Barber Shop.



One hundred plus volunteers helped to help make this event a success.

Also this community event would not have been possible

without the generosity of our sponsors: Target, City of St. Paul, St. Paul Public Schools, St. Paul Public School Foundation, St. Paul Parks and Recreation, CRU, ESABA, ESNDC, Kids "N" Need, Sunrise Banks, Costco, Thrivent Financial, Enterprise, First Covenant Church, The Salvation Army, Right Track and Contender For the Faith.

FVFL thanks everyone who gave of their time and resources!

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Reflections from Our Director

During 2014, Family Values For Life (FVFL) utilized the St. Paul Public Schools Foundation Management Improvement Grant to improve our programing and staffing. This funding facilitated the formation of task teams and provided training to our Board. The newly formed task teams are: Marketing/Communications, Fund Development, Financial and Executive. Our organization also received major financial support from the McNeely Foundation for our Wilder Wednesdays Program. In the Spring FVFL entered into a collaborative part-

nership with New Lens and (PACE) Athletes Concerned about Education. Through this collaboration we had a very successful Summer Camp During three camps offering we serve 250 kids.. Due to the growth of our programs in 2013, our staff of three was challenged with the work load delivered by 2014. The academic community afforded us three interns to assist us in our year transition. A big "Thank you" goes to Metro State University and Takoda Institute.

In 2014 FVFL was blessed with generous corporate and local



business sponsorships. Their loyal support enabled us to stage the largest Annual Back To School Event in East St. Paul. Over 3,000 members of the east side and neighboring community attended this family fair. More than 2,000 students received backpacks filled with school supplies.

We thank each of you with all our hearts.

Alfreda Flowers, Executive Director



The audience listens intently to the message at the "Jump To The New You" event

Jump Start To The New You Rings In the New Year

Family Values For Life hosted its third annual "Jump Start the New You" post Holiday Tea in January of this year.

The Programs committee's decision to combine the Spiritual Empowerment Seminar with the Tea lent to the success of the this years event, which was attended by over 120 women.

This year's attendees were treated to an inspirational speech from Pastor Shirley Nero.

In addition to Jump Start To The New You, FVFL hosted Pressing Forward To The New You in March which featured keynote speakers Pastor Deondra Felton and Reverend Marcia Wyatt.

Also Jump Start To The New You" has Expanded to the Fall offering 12 workshops over school year calendar.

The focus of this program is to address self identified needs of single head of

households parents and others.

The programs coincides with FVFL Youth Program. This enables moms and their children to enjoy a free meal before attending evening seminars. While adults are in class, children receive homework assistance, and listen to speakers that teach life skills.

Please join us for our 2015 Post Holiday Tea held at First Covenant Church on January 10. For



Alfreda Flowers is presented the "Daymaker " award by Tim Herman, Executive Director, ESABA

Family Values For Life Receives Recognition

At this year's Annual Meeting and Awards Banquet of the East Side Area Business Association (ESABA) Ms. Alfreda Flowers and her organization Family Values for Life (FVFL) received recognition and awards for their work with families with limited resources on the East side of St. Paul. The Nonprofit Difference Maker award was received by

Family Values For Life. This award pays tribute to organizations that make the East Side a stronger community.

Ms. Alfreda Flowers was the recipient of the David Wagner "Daymaker" award that recognizes an ESABA Member Business Owner, Manager, Employee, or Organizational Leader who visibly demonstrates daily selflessness. Tim

Herman, ESABA, Executive Director said, "Ms. Flowers and FVFL has positively impacted the community and still continues to do so." And she is a living testimony and example for all of us on how to approach each day."

Also Ms. Flowers was chosen as 2014 Grand Marshall for the Payne Arcade Harvest Festival. Parade in September.

Third Annual Harvest Celebration

The success of Family Values For Life Annual Harvest Celebration is continually growing. Each year the event has attracted more supporters and their generosity is outstanding.

Keynote speaker, Laurel Bunker, Dean of Campus Ministries at Bethel University reinforced that

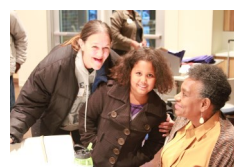
"community" is essential for families to be able to thrive.

Once again we give a warm thank you to our many volunteers and sponsors that include, Wells Fargo, Mike and Terri Marshall, Sunrise Banks, Thrivent Financial, 3M, Minnesota Bank & Trust and Sunrise Banks.

Despite all the good that came from the Harvest Celebration, FVFL still has not met its goal of \$50,000. Currently we are short of our target by \$20,000. FVFL is still accepting donations.

To donate contact Please contact Alfreda Flowers at 651-774-0344, ext. 30.

2014 in Review



Family Life For Values Board Members

Family Life For Values would like to welcome its new board members: Heather Kilgore, Jabari Barner, Clare Gooding, Lu Arva Brackett and Tyrone Brookins.

We would also like to extend a gracious thanks to our (Executive Director), Keith Turnquist (Chariman), Lucy Zanders (Treasurer/Secretary),

Trina Patterson, Tamara Mattison and Nancy Fox.

Family Values For Life looks forward to continually impacting and enriching the lives of the residents of the East Side of St. Paul.

Clyde Turner Educational Basketball Camps

This summer FVFL partnered with New Lens and Past Athletes Concerned about Education (PACE) to host three Clyde Turner educational basketball camps for boys and girls ages 8 to 17 at the Arlington Community center in St. Paul.

This year's camp which had about 250 participants which featured professional coaches and speakers

that taught the kids the fundamental skills of basketball and talked to them about the importance of education.

The camps are free to low income children on the East side of St. Paul. For more information on registering for next year's camp please call 651-774-0433 ext. 30.





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Family Values For Life Mission Statement

Family Values For Life works with families to help them chart a path out of crisis through spiritual empowerment, mental alertness, physical fitness and financial stability.

Together we build capacities for families to network and leverage resources within their community. Strong healthy families cultivate secure communities.

*If you would like more information or want to become involved as a sponsor, partner, or volunteer, contact our office at 651-774-0344 Ext *830.*